

# JOURNEY™

## PRAYER



RITE A LIST OF REQUESTS YOU WANT TO SHARE WITH GOD.

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### CORE VERSES

*This, then, is how you should pray:  
“Our Father in heaven, hallowed be Your  
name, Your kingdom come, Your will be done  
on earth as it is in heaven. Give us today  
our daily bread. Forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.”*

*Matthew 6:9-13*

### **READ LUKE 11:1-13.**

Jesus is teaching His disciples how to pray and one of the first words out of His mouth is *Father*. Whether you have a good father, a bad father, or an absent father, we all understand that at some point we had a person who played a role in bringing us into this world. Jesus is helping the disciples understand prayer as a conversation based on a relationship, and that is how we should relate to God in prayer. If we have placed our faith and trust in Jesus Christ, we are God's children.

If God is our heavenly Father, we can talk to Him with the same closeness as a loving father with his children.

Jesus also makes clear to us that our Father is also the King of the whole universe. We owe Him our respect and allegiance. As God's children, we must be willing to submit our will and ways to Him.

### CORE CONCEPTS

Prayer is a conversation based on a loving relationship with our heavenly Father!

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#### **CONVERSATION:**

An exchange between two people who have a desire to express their views and know they have been heard.

Jesus continues by clarifying the kinds of things for which we should be asking our Father. He is encouraging His disciples to ask their Father for all of the things a good father would want for his children. He is also challenging them to ask on a regular basis with the full faith that He will take care of them. He is telling them to be bold and persistent! Keep asking! Keep seeking! Keep at it until you get an answer!

Our Father God longs to hear from us about what we need and desire. He also loves to respond when we pray, the way every good father loves to engage with his children.

While that doesn't mean He will give us everything that we want (a good father has to say no sometimes), our heavenly Father will always look out for our best interests and provide us with exactly what He knows we need.

**HOW WOULD YOUR PRAYER TIME CHANGE IF YOU INVITED YOUR HEAVENLY FATHER INTO A CONVERSATION ABOUT YOUR NEEDS AND DESIRES?**

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